

Working with your physician, Dignity Home Health will evaluate, determine and design a care plan to meet your specific health care needs.



Why choose Dignity Home Health?

We provide each patient with a personal evaluation that helps create an individualized care plan to meet your needs and lead you toward your health goals.

Our evaluations and treatments that are designed to promote optimal function and safe mobility, including:

- **Skilled Nursing**
- **Physical Therapy**
- **Occupational Therapy**
- **Speech Therapy**
- **Vertigo Program**
- **Dry Needling Program**



**Taking Care of
the Southern Counties
of West Virginia:**
Logan, Mingo,
Lincoln & Boone

PO Box 4304
Chapmanville, WV 25508

304.855.4764 phone
304.831.6001 fax
DignityWV.org



Your Home. Your Health. Your Dignity.

DignityWV.org



OCCUPATIONAL THERAPY

Treating injured, ill, or disabled patients through the therapeutic use of everyday activities. OT services help our patients develop, recover, improve, as well as maintain the skills needed for daily living and working.

Assistance with:

- bathing
- grooming
- dressing

PHYSICAL THERAPY

Helping individuals maintain, restore, and improve movement, activity, and function. PT is provided for our patients who have or may develop impairments, activity limitations, and participation restrictions related to conditions of the musculoskeletal, neuromuscular, cardiovascular or pulmonary systems.



SPEECH THERAPY

Our Speech-language pathologists work to assess speech, language, cognitive-communication, and oral/feeding swallowing skills. This lets them identify a problem and the best way to treat it.



DRY NEEDLING PROGRAM

Dry needling is a treatment performed by our skilled, trained physical therapists, certified in the procedure.

A thin needle penetrates the skin and treats underlying muscular trigger points for the management of pain and movement impairments. Dry needling treats muscle tissue, and its goal is to reduce pain, inactivate trigger points and restore function. It rarely is a standalone procedure. Rather, it often is part of a broader physical therapy approach incorporating other traditional physical therapy interventions into your treatment.

Dry needling can help:

- Shoulder pain
- Tendinitis
- Headaches
- Hip pain
- Knee pain
- and more



Have questions?

Give us a call today-
304.855.4764

VERTIGO PROGRAM

What is Vertigo?

The sensation of moving, tilting, or spinning surroundings or the feeling that you are in motion or falling despite being still.

Vertigo is a symptom, not a specific medical disease. It is associated with many medical problems and medications. Vertigo must be distinguished from other symptoms such as lightheadedness and simple dizziness. Vertigo is chiefly recognized by the misapprehension of movement and body imbalance.

It may also be accompanied by the following symptoms:

- Nausea and vomiting
- Tinnitus, or ringing sound in the ear
- Slurred speech
- Nystagmus, or involuntary movement of the eye
- Disturbed or blurred vision
- Difficulty walking
- Dizziness and fatigue
- Fullness in the ear
- Temporary hearing loss
- Lightheadedness
- Weakness, feeling faint, and numbness
- Sweating or diaphoresis
- Feeling of being pulled toward one side
- Sensation of internal or external spinning

Dignity Home Health can help people overcome dizziness and balance difficulties through:

- Evaluation of the balance system, posture, & motor movement planning
- Collaboration with physicians
- Balance Retraining
- Vestibular Rehabilitation
- Improved visual motor control
- Compensation for inner ear disorders